



### **What's It About?**

The purpose of Integrity Groups is to provide scripturally focused groups that connect theological concepts with the day to day challenges faced in the hearts of men. These groups gather to develop and expand a deeper spiritual life, build community with others, increase one's capacity for the honesty needed to walk in light, and to deepen personal and private integrity. Group sessions are both open and closed and utilize a variety of interaction models.

### **Join A Group**

#### **Sexual Sanity Study (S3)**

Sexual Sanity Groups assist men in their journey to experience deepening integrity and healing in areas of sexual brokenness. Weekly group sessions are closed. The program is completed in 15 weeks and a 15-week commitment is required to participate. The curriculum utilized is Sexual Sanity for Men by David White published by Harvest USA. Groups are led and facilitated by previous program graduates and focus on the range of sexual brokenness that crosses all of our lives.

#### **Spiritual Life of A Man (SLAM)**

SLAM sessions are for men searching for deeper reality in their spiritual lives by being in community with other men on their journey to experience integrity in a variety of areas. The group also provides a space for men waiting to begin an upcoming S3 group or have recently completed an S3 group and desire the ongoing benefits of community. Group sessions are open, meet every Saturday morning from 8 a.m. – 9:30 a.m. and are ongoing. Attendance commitments are not required for group participation.

Discussions include topics related to seeking deeper intimacy with Jesus, growing in personal integrity and holiness within an accountable and transparent community, and learning to live above temptation, life struggles, and disappointments. Open sessions include personal sharing with practical life application. Groups are led by experienced facilitators and previous S3 graduates.

#### **One on One Mentoring**

SLAM mentors are here for you. Often a journey needs to be taken with a guide. Mentoring sessions can be arranged, and time commitments are based on the journey. Multiple or single sessions can be scheduled. Frequency and duration are flexible.

### **Get More Info**

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