

Believer's Fellowship – April 19, 2026

“Daily Bread” – Matthew 6: 7 – 13

7 “And when you pray, do not heap up empty phrases as the Gentiles do, for they think that they will be heard for their many words. 8 Do not be like them, for your Father knows what you need before you ask him. 9 Pray then like this:

Our Father in heaven, hallowed be your name.
Your kingdom come, your will be done, on earth as it is in heaven.
11 Give us this day our daily bread,
12 and forgive us our debts, as we also have forgiven our debtors.
13 And lead us not into temptation, but deliver us from evil.

Jesus is telling us how not to pray, and how to pray.

- Not to heap up empty phrases as the Gentiles do
 - Our Father knows what we need before we ask Him
- Begin with worship, awe, and submission
- Ask for daily bread
- Ask for the forgiveness of our debts
 - We need to forgive others
- Ask not to be led into temptation, but be delivered from evil.

After worship, awe, and submission, why is asking for our daily bread first?

What does “daily bread” represent?

- Physical need, Nourishment, Satisfaction

What occurs when there is a lack of “daily bread”?

- Hunger, Forgetfulness, Grumbling

Exodus 16

1 They set out from Elim, and all the congregation of the people of Israel came to the wilderness of Sin, which is between Elim and Sinai, on the fifteenth day of the second month after they had departed from the land of Egypt. 2 And the whole congregation of the people of Israel grumbled against Moses and Aaron in the wilderness, 3 and the people of Israel said to them, “Would that we had died by the hand of the LORD in the land of Egypt, when we sat by the meat pots and ate bread to the full, for you have brought us out into this wilderness to kill this whole assembly with hunger.”

- Even after the dramatic experience of being delivered from the Egyptians
 - The Israelites grumbled in the wilderness due to hunger

Mark 8: 14 - 21

14 Now they had forgotten to bring bread, and they had only one loaf with them in the boat. 15 And he cautioned them, saying, “Watch out; beware of the leaven of the Pharisees and the leaven of Herod.” 16 And they began discussing with one another the fact that they had no bread. 17 And

Jesus, aware of this, said to them, “Why are you discussing the fact that you have no bread? Do you not yet perceive or understand? Are your hearts hardened? 18 Having eyes do you not see, and having ears do you not hear? And do you not remember? 19 When I broke the five loaves for the five thousand, how many baskets full of broken pieces did you take up?” They said to him, “Twelve.” 20 “And the seven for the four thousand, how many baskets full of broken pieces did you take up?” And they said to him, “Seven.” 21 And he said to them, “Do you not yet understand?”

Bread: Big Picture

- “I am the bread of life.” (John 6: 35)
- For as often as you eat this and drink the cup, you proclaim the Lord’s death until he comes. (I Corinthians 11: 26)

BUT TODAY:

- I am comfortable with the death and the life to come because I am fully committed to him and trust that he is my Savior.

BUT TODAY:

- Give us this day our daily bread? Now that is tough!
 - I need to see it. I need to know it is there. Yes, I know I am called to walk by faith, not by sight. But I am much more at ease when the cupboard is full.

THE ISSUE:

Often times it is “Trust and Control”

- We find ourselves feeling like “I NEED CONTROL.” Not just want or desire, I NEED control. Control provides protection from getting hurt or looking foolish
 - Don’t want to get hurt
 - If I get hurt I will need comfort and that is the last thing I want to need from anyone.
 - Don’t want to be vulnerable
 - If am vulnerable then someone will be able to take advantage of me. I have to be on guard at all times.
 - Don’t want to be exposed
 - If am exposed then people will see who I really am and they will reject me. I have to keep up my image and manage what people think of me.
 - Don’t want to be seen
 - If am seen then people will have expectations of me and I will disappoint them. If I disappoint them then they will leave me.
 - Don’t want to have hope
 - If I have hope I am setting myself up for great disappointment. If get disappointed I will need to be comforted and I don’t want to need anyone.
 - Don’t want to trust
 - If I have to trust someone, even God, then life would be really crazy. Deep down, I trust no one, not even God.