

# Psalm 131

A Song of Ascents. Of David.

O LORD, my heart is not lifted up;  
my eyes are not raised too high;  
I do not occupy myself with things  
too great and too marvelous for me.  
<sup>2</sup> But I have calmed and quieted my soul,  
like a weaned child with its mother;  
like a weaned child is my soul within me.  
  
<sup>3</sup> O Israel, hope in the LORD  
from this time forth and forevermore.

“C.S. Lewis in *Mere Christianity* makes a brilliant observation about gospel-humility at the very end of his chapter on pride. If we were to meet a truly humble person, Lewis says, we would never come away from meeting them thinking they were humble. They would not be always telling us they were a nobody (because a person who keeps saying they are a nobody is actually a self-obsessed person). The thing we would remember from meeting a truly gospel-humble person is how much they seemed to be totally interested in us. Because the essence of gospel-humility is not thinking more of ~~myself~~ myself or thinking less of myself, it is thinking of myself less. Gospel-humility is not needing to think about myself. Not needing to connect things with myself. It is an end to thoughts such as, ‘I’m in this room with these people, does that make me look good? Do I want to be here?’ True gospel-humility means I stop connecting every experience, every conversation, with myself. In fact, I stop thinking about myself. The freedom of self-forgetfulness. The blessed rest that only self-forgetfulness brings.”

**Tim Keller, The Freedom of Self Forgetfulness**

## **Matthew 6:19-23**

Do not lay up for yourselves treasures on earth, where moth and rust destroy and where thieves break in and steal, <sup>20</sup> but lay up for yourselves treasures in heaven, where neither moth nor rust destroys and where thieves do not break in and steal. <sup>21</sup> For where your treasure is, there your **heart** will be also. <sup>22</sup> “The **eye** is the lamp of the body. So, if your **eye** is healthy, your whole body will be full of light, <sup>23</sup> but if your **eye** is bad, your whole body will be full of darkness. If then the light in you is darkness, how great is the darkness!

**Job 42:1-6**

**Job's Confession and Repentance**

Then Job answered the LORD and said:

- <sup>2</sup>“I know that you can do all things,  
and that no purpose of yours can be thwarted.  
<sup>3</sup>‘Who is this that hides counsel without knowledge?’  
Therefore I have uttered what I did not understand,  
things too wonderful for me, which I did not know.  
<sup>4</sup>‘Hear, and I will speak;  
I will question you, and you make it known to me.’  
<sup>5</sup>I had heard of you by the hearing of the ear,  
but now my eye sees you;  
<sup>6</sup>therefore I despise myself,  
and repent in dust and ashes.”

**Deuteronomy 29:29**

“The secret things belong to the LORD our God, but the things that are revealed belong to us and to our children forever, that we may do all the words of this law.

“The Christian is not like an infant crying loudly for his mother’s breast, but like a weaned child that quietly rests by his mother’s side, happy in being with her...No desire now comes between him and his God; for he is sure that God knows what he needs before he asks him. And just as the child gradually breaks off the habit of regarding his mother only as a means of satisfying his own desires and learns to love her for her own sake, so the worshipper after a struggle has reached an attitude of mind in which he desires God for himself and not as a means of fulfillment of his own wishes. His life’s center of gravity has shifted. He now rests no longer in himself but in God.”

Artur Weiser

**2 Corinthians 5:6-7**

So we are always of good courage. We know that while we are at home in the body we are away from the Lord, <sup>7</sup> for we walk by faith, not by sight.