

Truth and Sexuality – Living Free Before God

I am my beloved's and his desire is for me - SS 7:10

Truth and Culture - Some Facts

- Porn Use is real for both men and women
- Christians are getting more ok with unmarried people living together and having sex
- LGBTQIA+ identification is increasing
- Transgender expressions are gaining popularity
- Relativism, Pluralism, and disregard for Christian spirituality are the cultural norm

A Model to Think About Sexuality

- Physical – How we are built
- Mental – How we think about sex and sexuality
- Spiritual – Intimacy and Oneness with God and others

Truth around our Sexuality

1. Heterosexual Marriage / single abstinence are Gods plan for sexual expression
2. Your sexual failures are not beyond redemption | there is grace
3. You are either male / female - Your sexual desires do not define you – God defines you
4. All of us are sexually broken in some way
 - Freedom comes from admission to this
 - Family & friends who act in ways contrary to the scripture need the ministry of reconciliation not our judgement

Summary

- Sexuality is creative power that impacts our bodies, our souls, and our spirits.
- It mirrors the deep spiritual truth of creation and our relationship with God through Christ
- God has provided guard rails for protection to ensure our sexuality brings redemptive life to ourselves and to those around us.
- Accepting God's design and boundaries bring us life and fruitfulness.
- We can find freedom and redemption in both heterosexual marriage and in celibacy. Both expressions mirror our eternal relationship and spiritual connection to Jesus Christ.
- Believers must know what they believe about God's plan for sex, why they believe it, and share truth when asked.

Discussion Table Questions

- Do you talk about issues of sexuality with other believers? If not, why not?
- Do you know God's plan for sexuality?
- What gaps do you need to fill to solidify your Christian worldview of sexuality?
- Where do you go when you struggle with issues around sexuality?

Resources for You

- PCPC – Men's Integrity | <https://pcpc.org/men/integrity/>
- Harvest USA | <https://harvestusa.org/>
- Stand to Reason | <https://www.str.org/>
- Center for Faith, Sexuality, and Gender | <https://www.centerforfaith.com/>

Scripture References

Then God said, "Let us make mankind in our image, in our likeness, so that they may rule over the fish in the sea and the birds in the sky, over the livestock and all the wild animals, and over all the creatures that move along the ground." So God created mankind in his own image, in the image of God he created them; male and female he created them. God blessed them and said to them, "Be fruitful and increase in number; fill the earth and subdue it. Rule over the fish in the sea and the birds in the sky and over every living creature that moves on the ground." Then God said, "I give you every seed-bearing plant on the face of the whole earth and every tree that has fruit with seed in it. They will be yours for food. And to all the beasts of the earth and all the birds in the sky and all the creatures that move along the ground—everything that has the breath of life in it—I give every green plant for food." And it was so. God saw all that he had made, and it was very good. Genesis 1:26-31 (NIV)

There is neither Jew nor Greek, there is neither slave nor free, there is no male and female, for you are all one in Christ Jesus. Galatians 3:28

As soon as he had finished speaking to Saul, the soul of Jonathan was knit to the soul of David, and Jonathan loved him as his own soul. 1 Samuel 18:1

But I am afraid that just as Eve was deceived by the serpent's cunning, your minds may somehow be led astray from your sincere and pure devotion to Christ. For if someone comes to you and preaches a Jesus other than the Jesus we preached, or if you receive a different spirit from the Spirit you received, or a different gospel from the one you accepted, you put up with it easily enough. 2 Corinthians 11:3-4