

“Resting Is Hard Work”

Matthew 11:28 **Come to me**, all who labor and are heavy laden, and **I will give you rest.**

Acts 16:30 & 31

Q: **“What must I do to be saved?”**

A: **“Believe in the Lord Jesus, and you will be saved.”**

Psalms 95

Oh come, let us sing to the Lord;
let us make a joyful noise to the rock of our salvation!
Let us come into his presence with thanksgiving;
let us make a joyful noise to him with songs of praise!
For the Lord is a great God, and a great King above all gods.
In his hand are the depths of the earth; the heights of the mountains are his also.
The sea is his, for he made it, and his hands formed the dry land.
Oh come, let us worship and bow down; let us kneel before the Lord, our Maker!
For he is our God, and we are the people of his pasture,
and the sheep of his hand.
Today, if you hear his voice, do not harden your hearts,
as at Meribah, as on the day at Massah in the wilderness,
when your fathers put me to the test and put me to the proof,
though they had seen my work.
For forty years I loathed that generation and said,
“They are a people who go astray in their heart,
and they have not known my ways.”
Therefore I swore in my wrath, “They shall not enter my rest.”

Genesis 15:18 On that day **the Lord made a covenant with Abram**, saying, “To your offspring **I give this land**, from the river of Egypt to the great river, the river Euphrates,

Exodus 6:8 **I will bring you into the land that I swore to give to Abraham, to Isaac, and to Jacob. I will give it to you for a possession. I am the Lord.”**

Deuteronomy 1:20 And I said to you, ‘You have come to the hill country of the Amorites, **which the Lord our God is giving us.**

Deuteronomy 1:21 See, the Lord your God has set the land before you. **Go up, take possession,** as the Lord, the God of your fathers, has told you. **Do not fear or be dismayed.’**

Deuteronomy 1:22 Then all of you came near me and said, ‘Let us send men before us, **that they may explore the land for us and bring us word** again of the way by which we must go up and the cities into which we shall come.’

Deuteronomy 1:23 The thing seemed good to me, and **I took twelve men from you, one man from each tribe.**

Deuteronomy 1:24 And they turned and went up into the hill country, and came to the Valley of Eshcol and **spied it out.**

Deuteronomy 1:25 And they took in their hands some of the fruit of the land and brought it down to us, and **brought us word again** and said, ‘**It is a good land that the Lord our God is giving us.’**

Deuteronomy 1:26 “**Yet you would not go up,** but **rebelled against the command** of the Lord your God.

Deuteronomy 1:27 And you murmured in your tents and said, ‘Because the Lord **hated us** he has brought us out of the land of Egypt, to give us into the hand of the Amorites, to **destroy us.**

Hebrews 11:6 And without faith it is impossible to please him, for whoever would **draw near to God** must believe that **he exists** and that he **rewards those who seek him.**

Deuteronomy 1:28 Where are we going up? Our brothers have made our hearts melt, saying, “**The people are greater and taller than we. The cities are great and fortified up to heaven.** And besides, we have seen the sons of the Anakim there.””

Deuteronomy 1:29 Then I said to you, '**Do not be in dread or afraid of them.**

Deuteronomy 1:30 The Lord your God who goes before you **will himself fight for you, just as he did for you in Egypt before your eyes,**

Exodus 14:14 The **Lord will fight for you, and you have only to be silent.**'

Deuteronomy 1:31 and in the wilderness, where you have seen how the Lord your **God carried you**, as a man carries his son, all the way that you went until you came to this place.'

Deuteronomy 1:32 Yet in spite of this word **you did not believe the Lord your God,**

Deuteronomy 1:33 who went before you in the way to seek you out a place to pitch your tents, in fire by night and in the cloud by day, **to show you by what way you should go.**

Deuteronomy 1:34 "And the Lord heard your words and was angered, and he swore,

Deuteronomy 1:35 'Not one of these men of this evil generation **shall see the good land that I swore to give to your fathers,**

Numbers 13:30 But Caleb quieted the people before Moses and said, "**Let us go up at once and occupy it, for we are well able to overcome it.**"

Numbers 13:31 Then the men who had gone up with him said, "**We are not able to go up against the people, for they are stronger than we are.**"

Numbers 13:32 So they brought to the people of Israel a bad report of the land that they had spied out, saying, "The land, through which we have gone to spy it out, **is a land that devours its inhabitants, and all the people that we saw in it are of great height.**

Numbers 14:8 (Joshua & Caleb) If the Lord delights in us, **he will bring us** into this land and **give it to us**, a land that flows with milk and honey.

Numbers 14:9 Only **do not rebel** against the Lord. And **do not fear** the people of the land, for they are bread for us. Their protection is removed from them, and the **Lord is with us; do not fear them.**”

Joshua 5:6 For the people of Israel walked forty years in the wilderness, until all the nation, the men of war who came out of Egypt, **perished, because they did not obey the voice of the Lord**; the **Lord swore to them that he would not let them see the land that the Lord had sworn to their fathers to give to us**, a land flowing with milk and honey.

Hebrews 3:7-11 Therefore, as the **Holy Spirit** says,

“Today, if you hear his voice,
do not harden your hearts **as in the rebellion,**
on the day of testing in the wilderness,
where your fathers put me to the test and **saw my works** for forty years.
Therefore I was provoked with that generation, and said,
‘They always go astray in their heart; they have not known my ways.’
As I swore in my wrath,
‘They shall not enter my rest.’”

Hebrews 3:12 Take care, brothers, lest there be in any of you an evil, **unbelieving heart**, leading you to **fall away from the living God**.

Hebrews 3:13 But exhort one another **every day**, as long as it is called **“today,”** that none of you may be **hardened by the deceitfulness of sin**.

Romans 14:23b ...For whatever does not proceed from **faith** is **sin**.

Hebrews 3:14 For we have come to **share in Christ**,
if indeed we hold our original confidence firm to the end.

We hold our original confidence firm to the end,
if we have come to share in Christ.

Hebrews 3:15 As it is said, “Today, if you hear his voice, **do not harden your hearts as in the rebellion.**”

Hebrews 3:16 For who were those who **heard** and **yet rebelled**? Was it not **all those who left Egypt led by Moses**?

Hebrews 3:17 And with whom was he provoked for forty years? **Was it not with those who sinned**, whose bodies fell in the wilderness?

Romans 14:23b ...For whatever does not proceed from **faith** is **sin**.

Hebrews 3:18 And to whom did he swear that **they would not enter his rest**, but to those who were **disobedient**?

Hebrews 3:19 So we see that they were **unable to enter because of unbelief**.

Hebrews 4:1 Therefore, while the **promise of entering his rest still stands**, let us fear **lest any of you should seem to have failed to reach it**.

Hebrews 4:2 For **good news** came to us just as to them, but the **message they heard did not benefit them**, because they were **not united by faith** with those who listened.

Hebrews 4:3 For **we who have believed enter that rest**, as he has said, “As I swore in my wrath, ‘They shall not enter my rest,’” **although his works were finished from the foundation of the world**.

Hebrews 4:4 For he has somewhere spoken of the seventh day in this way: “**And God rested on the seventh day from all his works.**”

Hebrews 4:5 And again in this passage he said, “**They shall not enter my rest.**”

Hebrews 4:6 Since therefore it remains for **some to enter it**, and those who formerly received the **good news failed to enter because of disobedience**,

Hebrews 4:7 again he appoints a certain day, “**Today,**” saying through David so long afterward, in the words already quoted, “**Today, if you hear his voice, do not harden your hearts.**”

Hebrews 4:8 For if Joshua had given them rest, **God would not have spoken of another day later on.**

Hebrews 4:9 So then, there remains a **Sabbath rest for the people of God,**

Hebrews 4:10 for whoever **has entered God’s rest has also rested from his works as God did from his.**

Hebrews 4:11 Let us therefore **strive to enter that rest,** so that no one may fall by the **same sort of disobedience.**

John 19:30 When Jesus had received the sour wine, he said, “**It is finished,**” and he bowed his head and gave up his spirit.

Hebrews 10:12 But when Christ had offered **for all time a single sacrifice for sins,** he sat down at the right hand of God,

Galatians 3:11 Now it is evident that no one is justified before God by the law, for “**The righteous shall live by faith.**”

Acts 16:30 Then he brought them out and said, “Sirs, **what must I do to be saved?**”

Acts 16:31 And they said, “**Believe in the Lord Jesus,** and you will be saved, you and your household.”